

1. Tantalus Arboretum Trail (0.25 mi / 0.4 km)

Getting There: Proceed mauka (toward the mountain) on Tantalus drive, the Tantalus-Arboretum Trail

takes off on the right, and will be the first trail encountered while proceeding up the road.

Route: A very short loop trail, ideal for children and novice hikers.

2. Kanealole Trail (0.7 mi / 1.1 km)

Getting There: From the intersection of Nehoa and Maiki Streets, proceed mauka and tum left on Makiki

Heights Drive. Continue for approximately 0.5 mile until the road makes a sharp left tum (look for a row of mailboxes on the right hand side of the road). At the bend in the road, proceed straight ahead through an open gate where there is a sign on the right side that says "Makiki Forest Recreation Area." Park in the parking lot on the left side of the road before

the green iron gate and continue up the road on foot.

Route: The trail begins behind the Hawaii Nature Center and proceeds mauka up Makiki Valley.

The Forestry and Wildlife baseyard office is located past the Nature Center on the left side

of the road.

Other: At 0.7 mi., the trail intersects Makiki Valley Trail. You may take the left route, which takes

you to Nahuina Trail or Tantalus Drive. Or you may take the right route and proceed east. If you go right, you will come upon a 4-way intersection. The rightmost fork—Maunalaha

Trail—will take you back to the baseyard.

3. <u>Maunalaha Trail</u> (0.7 mi / 1.1 km)

Getting There: Same as Kanealole Trail (#2) above.

Route: The trail begins behind the Hawaii Nature Center, crosses a bridge and proceeds left past

several taro lo'i. After one switchback, the trail steeply climbs the east ridge of Makiki

Valley.

Other: At 0.7 mi., the trail comes to a 4-way intersection. The extreme right route is the Ualaka'a

Trail and it takes you to the Ualaka'a State Park. The mauka route takes you to the Moleka Trailhead as well as Round Top Drive. The left route is the Makiki Valley Trail and it crosses the valley to Tantalus Drive. You can also take this route, cross the valley until you get to an intersection, turn left (on Kanealole trail) and proceed makai toward the ocean,

which will take you back to the Nature Center and baseyard.

4. Nahuina Trail (0.75 mi / 1.2 km)

Getting There: Proceed mauka (toward the mountain) on Tantalus Drive. When you get close to the top,

look for the trailhead sign behind the guardrail on the right side of the road. There is a small

parking area on the corner prior to the Nahuina Trailhead. You may park here.

Route: The trail traverses the west side of Makiki Valley. At 0.75 mi., the trail intersects the Makiki

Valley Trail. The route to the right will take you to Tantalus Drive. The left will take you to

the Kanealole, Maunalaha, Ualaka'a, and Moleka Trails, as well as Round Top Drive.

5. Makiki Valley Trail (1.1 mi / 1.8 km)

Getting There: Proceed mauka on Tantalus Drive. Approximately half way to the top look for the

trailhead sign on the right hand side of the road. Prior to the Makiki Valley Trailhead sign

there is a small parking area on the comer. You may park here.

Route: The trail goes into Makiki Valley and contours it for approximately 1.1 miles to reach

Round Top Drive on the east side.

Other: The trail intersects other trails including Nahuina, Kanealole, Maunalaha, Ualaka'a, and

Moleka Trails.

6. Ualaka'a Trail (0.5 mi / 0.85 km)

Getting There: Proceed mauka on Round Top Drive, past the Ualaka'a State Park. Look for the

Ualaka'a Trailhead sign on the left side of the road. There is a small parking area on the

opposite side of the road. You may park here.

Route: The trail proceeds west and goes into Makiki Valley. At approximately 0.3 mi., the trail

forks. The left fork takes you to Ualaka'a State Park. The right fork continues into

Makiki Valley.

Other: The trail comes to a 4-way intersection. The extreme left is the Maunalaha Trail and it

takes you makai to the Forestry and Wildlife baseyard. The route that goes straight ahead is the Makiki Valley Trail and it takes you to the Kanealole and Nahuina Trails as well as

Tantalus Drive. The right route takes you to the Moleka Trail and Round Top Drive.

7. Moleka Trail (0.75 mi / 1.2 km)

Getting There: Proceed mauka on Round Top Drive to the vicinity of 4005 Round Top Drive. Look for

the trailhead sign and a small parking lot on the left side of the road. You may park here. You will also be at the Manoa Cliff Trailhead, which is on the mauka side of the road.

Route: The trail takes you along the upper east edge of Makiki Valley. It traverses along a

bamboo grove and also offers a panoramic view of Honolulu.

Other: At 0.75 mi., the trail intersects the Makiki Valley Trail. If you proceed left it takes you to

Round Top Drive. If you go right, it takes you to Ualaka'a, Maunalaha, Kanealole, and

Nahuina Trails, as well as Tantalus Drive.

8. Manoa Cliff Trail (2.3 mi / 3.7 km)

Getting There: Proceed mauka on Round Top Drive to the vicinity of 4005 Round Top Drive. The

parking lot is on the left side of the road, directly adjacent to the Moleka Trailhead. The

Manoa Cliff Trailhead is on the right side of the road.

Route: The trail contours Manoa Valley and goes around Tantalus Crater to Pauoa Valley. The

Manoa Cliff Trail ends at a junction with Kalawahine Trail. If you go left the trail will take you to Tantalus Drive (1.1 miles). Then you can carefully walk the road (to your left) back to your car. Of course you may also take the opposite route and start from Tantalus

Drive (see Kalawahine Trail).

Other: The trail will intersect at two places. The first intersection will come from the left side.

This is the Pu'u Ohia Trail. The second intersection will come from the right side and is

the Pauoa Flats Trail.

9. Pu'u Ohia Trail (0.75 mi / 1.2 km)

Getting There: Proceed mauka on Tantalus Drive until you get to the very top. Look for an obvious,

paved parking area with metal posts on the right side of the road. The trailhead is across

from this lot on the left side of the road.

Route: The trail winds up through guava and bamboo groves. At approximately 0.5 miles, the

trail comes to the top of Tantalus where there is a service road. Proceed mauka on this road until you get to the end. The trail begins again behind the left side of the building. Proceed down the trail until you come to an intersection. This is the Manoa Cliff Trail.

Other: If you follow the Manoa Cliff Trail to the left you will soon come to an intersection with

a map. Go right on Pauoa Flats trail to reach Nu'uanu Trail and Aihualama Trail.

Continue on the Manoa Cliff Trail to reach the Kalawahine Trail.

10. <u>Pauoa Flats Trail</u> (0.75 mi / 1.2 km)

Getting There: Proceed along Manoa Cliff Trail (#8) from Round Top Drive. The first intersection will

be Pu'u Ohia Trail on the left. The second intersection on the right is the Pauoa Flats

Trail.

Route: This trail contours Pauoa Flats and connects with Aihualama, Nu'uanu, Kalawahine and

Manoa Cliff Trails. Pauoa Flats Trail ends at the Ko'olau summit, which offers a great

overlook of Nu'uanu Valley.

Other: You may also take the Pu'u Ohia Trail to the Manoa Cliff Trail and proceed left until you

reach the Pauoa Flats Trail intersection on the right. If you proceed along Kalawahine Trail from Tantalus Drive you will reach a junction with Manoa Cliff Trail (on the right). If you go right on Manoa Cliff Trail you will reach the beginning of Pauoa Flats Trail (on the left). If you continue straight on Kalawahine, the trail will dead end at a midpoint on

the Pauoa Flats Trail.

11. Nu'uanu Trail (1.5 mi / 2.4 km)

Getting There: There are two ways to get there: (1) From Judd Trail (see #12). (2) From Kalawahine

Trail (see #18); when you reach the first junction, continue straight on the Kalawahine Trail to Pauoa Flats Trail. Turn left on Pauoa Flats Trail. In a few hundred feet, the

Nu'uanu Trail intersection is on the left.

Route: The trail traverses the west side of upper Pauoa Valley, Pauoa Flats, and then descends

into Nu'uanu Valley where it intersects the Judd Trail.

Other: The trail offers panoramic views of Honolulu, the Waianae Range and the airport area.

12. <u>Judd Trail</u> (0.75 mi / 1.2 km)

Getting There: Proceed mauka along Nu'uanu Pali Drive until you reach a concrete bridge. Find parking

before or after the bridge.

Route: The trail starts just below the parking area and proceeds across the stream. Exercise

caution when crossing the stream—the rocks are unstable and slippery. Once across the

stream the Judd Trail forms a loop, so you may proceed in either direction.

Other: Along the mauka section of the loop you will encounter the Nu'uanu Trail leading up to

the Pauoa Flats Trail.

13. Aihualama Trail (1.3 mi / 2.1 km)

Getting There: There are two ways to get there: (1) Proceed on Pauoa Flats Trail (#10) past the Nu'uanu

Trailhead. The next trail on the right is Aihualama. (2) At the end of the Manoa Falls Trail (#14), approximately 150 feet from the falls, there is a trail that proceeds left. This is

the Aihualama Trail.

Route: The trail skirts the upper west side of Manoa Valley through bamboo and other foliage.

14. Manoa Falls Trail (0.8 mi / 1.3 km)

Getting There: Follow Manoa Road into Paradise Park at the back of Manoa Valley. Hikers have two

choices: 1) Park in the Paradise Park lot for a fee of \$5.00 or 2) Park in the lower neighborhood for free. After parking, continue up the fire lane to the entrance of Lyon Arboretum on the left. Straight ahead you will see the trailhead kiosk with useful trail information. NO PARKING ON THE FIRE LANE OR AT LYON ARBORETUM. DO NOT

LEAVE VALUABLES IN YOUR VEHICLE.

Route: The beginning of the trail crosses over a footbridge and then crosses a small stream

through a grove of Eucalyptus robusta trees. This is a good trail for novice hikers. The

trail ends at the base of Manoa Falls.

Other: There may be falling rocks that are dislodged from above the Falls. Therefore, *THE*

WATERFALL AND POOL ARE CLOSED. FOR YOUR SAFETY, DO NOT PROCEED BEYOND THE CABLE OR MARKED SAFE VIEWING AREA AT END OF TRAIL.

15. Kolowalu Trail (1.0 mi / 1.6 km)

Getting There: Take East Manoa Road past Manoa Marketplace to the intersection of Alani Drive. Turn

left, and continue for about 0.75 mi. to where Alani Drive takes a sharp right, and Alani Lane continues straight ahead. Park in the neighborhood along Alani Drive. *DO NOT TAKE YOUR VEHICLE ONTO ALANI LANE*. Proceed on foot on Alani Lane (it will look like a driveway), past the houses, and through the cable gate. Beyond the gate, continue on the dirt road until you get to the Forestry and Wildlife picnic shelter. The Kolowalu trailhead is to the right of the shelter.

Route: The trail follows a finger ridge up to Wa'ahila Ridge. This is a very steep trail and may

not be suitable for novice hikers.

Other: You may also access this trail by hiking along Wa'ahila Trail, and then proceeding left

and down Kolowalu.

16. Wa'ahila Trail (2.4 mi / 0.6 km)

Getting There: From Waialae Avenue, proceed mauka on St. Louis Drive to Ruth Place. At the end of

Ruth Place, the road enters the Wa'ahila Ridge State Recreation Area and ends in a parking lot. Proceed mauka on foot through the park and onto a jeep road, which leads to

a power line. The trailhead is just below and to the left of the power line.

Route: The trail passes beneath the power line and follows the Wa'ahila Ridge above Manoa and

Palolo Valleys. At 2.4 miles, a trail leads downhill on the Manoa side. This is the

Kolowalu Trail.

Other: Some sections of this trail may be difficult for novice hikers.

17. <u>Pu'u Pia Trail</u> (0.75 mi / 1.2 km)

Getting There: Same as Kolowalu Trail (#15) above. The trail starts to climb up the valley on the left

side of the shelter.

Route: The trail proceeds up the valley to a ridge. Continue up the ridge to the left until you

reach the summit of Pu'u Pia.

Other: The summit of Pu'u Pia provides sweeping views of Manoa Valley and glimpses of

Honolulu and Waikiki. Future plans for this trail include connecting it to the Manoa Falls

Trail on the other side of the valley.

18. Kalawahine Trail (1.5 min / 2.4 km)

Getting There: Proceed mauka on Tantalus Drive. When you get close to the top, the road narrows to

one lane. Yield to oncoming traffic. Just after crossing this narrow stretch, look for the Kalawahine Trailhead on the left. There are a few parking spaces a bit further up on the

right side of the road.

Route: The trail contours the edge of Pauoa Valley, winding in and out of gulches along the way.

Kalawahine Trail was formerly designated as part of the Manoa Cliff Trail.

Other: 1.1 miles down the trail, you will come to a junction on the right with Manoa Cliff Trail.

If you take Manoa Cliff Trail, you can loop back to Round Top Drive. Then, carefully walk the road (to your right) back to your car. If you continue straight past the Manoa Cliff junction, Kalawahine Trail ends at a midpoint of Pauoa Flats Trail, where you can go right or left. If you go right on Pauoa Flats Trail it will end at a midpoint on Manoa Cliff Trail (there is a trail map here). If you go left, Pauoa Flats Trail will take you to Nu'uanu Trail (on your left), Aihualama Trail (on your right), or a lookout over Nu'uanu

Valley.