

Mount Kaala Volunteer Day Trip

Packing list



Required Clothing:

- Clothing that can get wet and muddy
 - o Long pants
 - o Long-sleeved shirt
- Boots/galoshes/gators if you have – if not, shoes with good tread that can get wet and muddy (Absolutely no slippers please!)

Backpack:

- Raincoat/poncho/rainpants if have
- Sweater/light jacket for warmth and protection from thorny vegetation
- Lunch/snacks
- At least 2 Liters of water
- Sunscreen/hat/sunglasses
- Mosquito repellent
- Change of clothes to layer or change out of at end of day as it frequently rains on the summit
- Camera in a ziplock bag to keep from getting wet

What to expect:

- Variable weather patterns (can be very warm or very cold and very, very wet or nice and sunny)
 - o Dress in layers
 - o Bring pelicans or plastic bags to waterproof items in your backpack
- Lots of mud
- Dense vegetation

Reminders:

- Bring your printed and signed waiver
- We work from 8am to approximately 4-5 pm.
- Drink plenty of water and eat normally
- Avoid caffeine and sugary drinks which may make you very thirsty
- Bring rain gear even if the weather appears nice and sunny
- Weather is variable so dress and/or bring layers
- We will provide work gloves and appropriate tools
- We carry cell phones, radios, and first aid kits in case of emergency