



How to Use Binos

1. Adjust the eye cups: down if wearing glasses, up if not.
2. Adjust the width using the center hinge until you see one image.
3. Set the focus so that you can clearly view your target.
4. Look with naked eye first, then move the binoculars up to your face - focus as needed.

Binocular specifications contain two numbers, for example 8x42 - a great option for viewing forest birds. The first number is the magnification. The second number is the diameter of the objective lens.

Watch Out! There are so many observations to make when looking through binoculars. Here are some things to look out for when bird watching.

Color Bands	ID Sounds to Individual	Interactions	Feeding
Feather Color and Condition	Posture	Beak Shape	Overall Body Shape



How to Use Binoculars

A Birding Cheat Sheet

