

Waihou Spring Trail

MAP
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Trail Length: 1 mile
Time: Approx 1 hour
Terrain: Hilly forest;
elevated climbs
Activity: Pedestrian
Difficulty: Moderate
Elevation: 400 feet

Click [here](#) for Map of Maui Roads

Directions: Access trail at the Waihou Springs State Forest Reserve gate, about 0.25 miles above the Olinda Endangered Species Propagation Facility on Olinda Road. Parking is available on Olinda Road outside the Forest Reserve gate. Area open from sunrise to sunset only.

Route: Trail follows the Waihou Springs State Forest Reserve tree plantation road. After making a loop around the upper section, the trail descends southward into the Kailua Gulch below. Monterey cypress and eucalyptus trees can be seen, as well as the native tree species `ala`a, halapepe, and koa. The boulder-strewn gulch bottom marks the end of the trail. Looking up from the gulch, hikers can see a series of small water-diversion tunnels cut into the side of the rock face 30` above.

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